

Welcome to the world Baby Gift Package

A good nights sleep for you and your baby



Our Gift Package includes

- A detailed history relating to your pregnancy and delivery
- An overview of your current feeding/sleeping schedule
- Discussion of various strategies to suit your individual family dynamic
- A tailor-made routine for you and your baby
- 5 x pre-arranged 45 minutes consultations via zoom/skype
- Unlimited emails for 12 weeks
- 1 x 30 minute follow-up call



The Baby Academy

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